HOOS Scoring 2013

A change in how to manage missing items was introduced in 2013. Previously, 2 missing items were allowed in each subscale. From 2013, at least 50% of the items should be responded to. This change is reflected in the updated Excel scoring file formulae available from www.koos.nu. The differences in subscale level are outlined in the following table:

<table>
<thead>
<tr>
<th>Subscale</th>
<th>Number of items needed for calculation of subscale score (2013 rule for missing items)</th>
<th>Number of items needed for calculation of subscale score (2003 rule for missing items)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain</td>
<td>5</td>
<td>8</td>
</tr>
<tr>
<td>Symptoms</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>ADL</td>
<td>9</td>
<td>15</td>
</tr>
<tr>
<td>Sport/Rec</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>QOL</td>
<td>2</td>
<td>2</td>
</tr>
</tbody>
</table>

HOOS Scoring Instructions

Assign the following scores to the boxes:

<table>
<thead>
<tr>
<th>None</th>
<th>Mild</th>
<th>Moderate</th>
<th>Severe</th>
<th>Extreme</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Each subscale score is calculated independently. Calculate the mean score of the individual items of each subscale and divide by 4 (the highest possible score for a single answer option). Traditionally in orthopedics, 100 indicate no problems and 0 indicates extreme problems. The normalized score is transformed to meet this standard.

**Missing data:** If a mark is placed outside a box, the closest box is chosen. If two boxes are marked, that which indicates the more severe problem is chosen. As long as at least 50% of the subscale items are answered for each subscale, a mean score can be calculated. If more than 50% of the subscale items are omitted, the response is considered invalid and no subscale score should be calculated. For the subscale Pain, this means that 5 items must be answered; for Symptoms, 3 items; for ADL, 9 items; for Sport/Rec, 2 items; and for QOL, 2 items must be answered in order to calculate a subscale score. Subscale scores are independent and can be reported for any number of the individual subscales, i.e. if a particular subscale is not considered valid (for example, the subscale Sport/Rec 2 weeks after total hip replacement), the results from the other subscale can be reported at this time-point.
**HOOS Excel scoring files**

Excel spreadsheets with formulae to calculate the five subscale scores are available from www.koos.nu. If, for any reason, you prefer to use your own spreadsheets, the Excel formulae are given below.

**Excel formulation:** When the raw data have been entered in the order the items occur in the HOOS questionnaires available from www.koos.nu, these Excel formulations can be copied and pasted directly into an English version of an Excel spreadsheet to automatically calculate the five sub-score scales. Please note that it has been assumed that the items in the subscale symptoms appear first in the questionnaire.

- **HOOS Pain:** 
  \[ \text{HOOS Pain} = 100 - \frac{\text{AVERAGE}(G2:P2)}{4} \times 100 \]

- **HOOS Symptoms:** 
  \[ \text{HOOS Symptoms} = 100 - \frac{\text{AVERAGE}(B2:F2)}{4} \times 100 \]

- **HOOS ADL:** 
  \[ \text{HOOS ADL} = 100 - \frac{\text{AVERAGE}(Q2:AG2)}{4} \times 100 \]

- **HOOS Sport/Rec:** 
  \[ \text{HOOS Sport/Rec} = 100 - \frac{\text{AVERAGE}(AH2:AK2)}{4} \times 100 \]

- **HOOS QOL:** 
  \[ \text{HOOS QOL} = 100 - \frac{\text{AVERAGE}(AL2:AO2)}{4} \times 100 \]

**HOOS Manual Score calculation**

The slightly updated version of the formulae (used from June 2013 in the spreadsheets available from www.koos.nu) does not need any manual imputation: Apply the mean of the observed items within the subscale (e.g. HOOS Pain), divide by 4, and multiply by 100; when this number is then subtracted from 100, you have the HOOS subscale estimate for that particular cross-sectional assessment of the individual patient. For manual calculations, please use the formulae provided below for each subscale:

1. **PAIN** 
   \[ 100 - \frac{\text{Mean Score} \cdot (P1-P10) \times 100}{4} = \text{HOOS Pain} \]

2. **SYMPTOMS** 
   \[ 100 - \frac{\text{Mean Score} \cdot (S1-S5) \times 100}{4} = \text{HOOS Symptoms} \]

3. **ADL** 
   \[ 100 - \frac{\text{Mean Score} \cdot (A1-A17) \times 100}{4} = \text{HOOS ADL} \]

4. **SPORT/REC** 
   \[ 100 - \frac{\text{Mean Score} \cdot (SP1-SP4) \times 100}{4} = \text{HOOS Sport/Rec} \]

5. **QOL** 
   \[ 100 - \frac{\text{Mean Score} \cdot (Q1-Q4) \times 100}{4} = \text{KOOS QOL} \]
**WOMAC - How to score from the HOOS**

Assign scores from 0 to 4 to the boxes as shown above. To get original WOMAC Scores, sum the item scores for each subscale. If you prefer percentage scores in accordance with the HOOS, use the formula provided below to convert the original WOMAC scores.

Transformed scale = \(100 - \frac{\text{actual raw score} \times 100}{\text{possible raw score range}}\)

<table>
<thead>
<tr>
<th>WOMAC subscores</th>
<th>Original score = sum of the following items</th>
<th>Possible raw score range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pain</td>
<td>P4-P8</td>
<td>20</td>
</tr>
<tr>
<td>Stiffness</td>
<td>S4-S5</td>
<td>8</td>
</tr>
<tr>
<td>Function</td>
<td>A1-A17</td>
<td>68</td>
</tr>
</tbody>
</table>

**HOOS Profile**

To visualize differences in the five different HOOS subscores and change between different administrations of the HOOS (e.g. pre-treatment to post-treatment), HOOS Profiles can be plotted, as illustrated below.

![HOOS Profile Diagram](image-url)